

Private occupational therapist at Private practice
United Kingdom

Summary

Highly motivated occupational therapist with over 25 years experience, working in health, housing, social care and the private sector.

My special interest is housing and adaptations but I have a wealth of experience in functional rehabilitation, special equipment assessments and vocational rehabilitation.

My work involves clear communication in reports and working with many different professionals to ensure the best outcome is achieved for the client.

Separate to clinical work I set up and deliver equipment training for occupational therapists and have a special interest in postural management and seating.

I am passionate about providing a professional service which is tailored to the client's individual needs. My goal for all clients is to achieve optimum levels of independence following catastrophic injuries or living with long term disabilities.

Experience

Private practice
Private Occupational Therapist
January 2019 - Present (5 years 8 months)

I frequently work as an instructed OT, carrying out OT assessments and treatment goals to support a client's recovery after an accident. I have experience of working with all physical conditions and injuries.

I also have a special interest in housing and adaptations and often work with architects in designing a clients future home requirements as part of their on going or settled case.

I also work with local councils and housing providers in completing adaption assessments. This may be part of a wait list initiative or providing an experienced second opinion.

I have extensive experience of working with many different professionals and I am confident in my own role and abilities to effectively work as part of a successful multidisciplinary.

I provide postural management training for an equipment company to support large groups of occupational therapists prescribing seating/toileting equipment.

My passion is to engage with clients of all abilities in supporting them to achieve their maximum level of independence and satisfaction in their daily life.

Calderdale Council

Occupational Therapist Advanced Practitioner

July 2015 - July 2019 (4 years 1 month)

Calderdale

Community Occupational Therapy (OT) Team working with adults with physical difficulties. Overseeing a small complex case load and completing other managerial duties. (This post was taken over from the NHS in 2015).

Comprehensive OT assessments are carried out; detailed intervention plans are devised including risk assessments before OT interventions are complete.

The nature of the work requires complex equipment solutions, complex moving and handling, safe guarding assessments, seating assessments, major adaptation assessments/Disabled Facilities Grant (DFG) requests and supporting people to overcome environmental barriers.

Supervision of OT staff and being responsible for the allocation of cases, monitoring the quality of work completed and closing staffs cases.

Co-working in reviewing new referrals and accepting referrals into the OT service.

Motivated in running and reviewing development within the OT team in Calderdale Council and currently co-facilitating an in-service training program the OT staff.

Lead OT working as part of a project group for a new build extra care scheme including designing dementia ready flats.

Lead OT in representing the OT Service within a housing meeting to discuss/ progress complex housing cases and increase communication between services when adaptation solutions have not been straight forward.

NHS

10 years 7 months

Clinical lead Occupational Therapist

January 2010 - July 2015 (5 years 7 months)

Calderdale

The clinical expertise is very similar to the current advanced practitioner role. This role was split between clinical and managerial duties. Independently managing a large complex case load of adults in the community with physical disabilities. This included complex seating assessments, housing adaptations assessments, complex equipment solutions and lots of joint working with colleagues from different teams.

Responsible for the supervision of several OT staff which also included supporting senior staff with complex cases.

Working closely with the team leader in setting up, co-delivering and evaluating service development within the team. This also included taking a lead in facilitating in-service training and team initiatives.

Occupational Therapist Band 6

January 2006 - January 2010 (4 years 1 month)

Wakefield

Working as part of a large OT team based within a large housing association -Wakefield District Housing. Main responsibilities included complex assessments of people with physical disabilities within the community.

A large part of the role was completing assessments for the scheduled modernisation works planned which included detailed assessments and working in partnership creating the most appropriate bathroom and kitchen re-designs. Assessments were required for complex clients who needed to be rehoused while their adaptations work was being complete, understanding their disability and environmental barriers was essential to support them into the correct temporary accommodation.

Second opinion assessments were required when complaints had been made.

Responsible for supervising junior OT staff and integral in the joint in-service training between various 3 community teams.

Occupational Therapist senior 2

January 2005 - November 2006 (1 year 11 months)

Pinderfields Hospital

After working as a senior 1 locum OT, one pursued a clinical interest and had the opportunity to join a neurology rotation, this included 2 rotations.

The first rotation encompassed being responsible for completing a multidisciplinary assessment when patients were admitted to the Neuro rehab unit.

The opportunity to complete physical functional and standardised OT assessments. Standardised cognitive assessments were carried out regular and played a large part of the OT's role. Complex moving and handling and postural management was an essential part of the role and the OT's were responsible for seating people in the appropriate wheelchairs/cushion with the correct level of pressure relief on admission.

The second rotation was working long term with people with progressive neurological conditions. The cases were highly complex with people experiencing rapidly deteriorating conditions and loss of functioning. Immediate assessment and treatment was required. Care plans had to be constantly revised and a high level of organisation and problem solving was required. Excellent relationships were formed and families and carers were very dependent on the support provided from the team.

The rotation unfortunately folded due to funding.

Social Services

Senior 1 locum Occupational Therapist

August 2003 - April 2005 (1 year 9 months)

Bradford

OT Assessments were carried out using the Fair Access to Care Criteria.

Responsible for independently managing a large case load prioritising assessment and recommendations for adults with physical difficulties.

A large part of the role was making DFG recommendations, working closely with surveyors and the Home Improvement Agency. Review of detailed plans was required.

Regular assessments for complex equipment solutions was a large part of the role.

Complex moving and handling cases.

N/A

Break from Service - To travel

November 2002 - August 2003 (10 months)

Social Services

Senior 2 Occupational Therapist

March 2002 - November 2002 (9 months)

Bradford, United Kingdom

Same role as above with more supervision offered

NHS

3 years 7 months

Senior 2 Occupational Therapist -Mental Health Acute ward

May 2000 - March 2002 (1 year 11 months)

St James University Hospital Leeds

Experience of working on a busy mental health ward with people with acute mental health problems working as part of an MDT.

Individual assessments complete and experience of running a varied group program for patients.

Responsible for supervising a technical instructor, junior staff and students on a regular basis.

Basic Grade Occupational Therapist 6 monthly rotations

September 1998 - May 2000 (1 year 9 months)

St James University Hospital

6-month rotations with varied experience

Responsible for managing a small case load under supervision in the following areas Elderly Medicine, Acute Mental Health, Neuro Rehabilitation and Community Learning Disabilities.

Education

York St Johns- York

BHSC Occupational Therapy · (1995 - 1998)

Dewsbury College

BTEC Health Studies · (1993 - 1995)

Whitcliffe Mount High School

GCSE